



# HOOFPRIINT



Shickley Public Schools - Preparing Students for Success

## The Grind with Mrs. Coffey

With three weeks under our belts, it is now September and many activities are underway! I look forward to seeing our families and community members out and about supporting our Shickley activities and BDS athletics.

I wanted to take this opportunity to share some of the great things our teachers are doing for Professional Development and Early Out Fridays!

- Each year staff must complete mandated trainings that cover several areas: transportation, first aid, bloodborne pathogens, harassment, dating violence, suicide awareness and prevention, as well as district-level personal goals and student learning objectives for certified staff.
- Our Educational Service Unit (ESU) worked with our School Improvement Plan (SIP) Team to develop Professional Learning Communities (PLCs) at Shickley Public Schools.
- PLCs create an ongoing process where our teachers can work together in a systematic way to better assist ALL the students we serve:
  - Secondary Math and Science began discussing the overlap of standards being taught across their curriculum areas and how they can harness that carryover in their classrooms with their students
  - Secondary English and Social Studies are working toward creating writing standards across the curriculum to help build the writing capacity of all students
  - K-12 Music is working to create a K-12 music program curriculum and expectation alignment
  - Early Childhood is diving deep into the curriculum and assessments that are done at their age level and how those correlate to what they are teaching in their perspective classrooms
  - K-2 with the help of Title and Special Education departments learned about the updated reading assessments done at their grade levels, how to interpret scores, and how to determine areas of instructional focus for their classrooms and students
  - Grades 3-5 have dug into the new science curriculum and are working toward the curriculum alignment for their classrooms and students
  - Our group of specialists began by focusing on team building and leadership standards and activities within their classes
  - Special Education and Title departments have been working collaboratively while interpreting assessment data at the beginning of the year
- Two Fridays throughout the year will also be dedicated to our school-wide three areas of focus: Technology Integration and Implementation, Multi-Tiered System of Support academically and behaviorally, and College and Career Readiness.
- Shickley is also a part of the Blue River Cohort. Our first of two annual professional development days with the cohort is September 3rd. Our staff will get to hear Gerry Brooks, a principal, national speaker, and YouTube sensation. After Mr. Brooks' keynote address, staff will participate in breakout sessions run by the ESU and have the afternoon to work with other Blue River Cohort teachers that teach their specific content area and/or grade level.

Our staff is dedicated to continue to make Shickley a place like no other! This unparalleled dedication we see from students, families, and community members is encouraging and motivating for us to continue the great work for all of our children at Shickley Public Schools.

*There truly is no place like Shickley!*

Mrs. Sadie N. Coffey  
Superintendent

## THE KINDNESS RETREAT, written by Porter Ferrell and Trinidi Oswald

Going to the Kindness Retreat was awesome! We all learned something new. They did a great job adding fun activities in with learning how to treat everyone with respect and kindness. We started the day talking about what bullying looks like at our schools and then how it feels to be bullied. We all liked it when they turned on the music so we could dance to stuff like "YMCA" and "Old Town Road". We had a dance party after lunch then we split up into small groups. Then we sat down as a group and started doing skits with our small groups on how to handle when we see someone being bullied and there are no teachers around. Soon it was time to go and we did our one kindness boomerang (what they call an act of kindness) on a card so we would remember it. Then they gave us a pin that said "Kindness" under a boomerang on it and we lined up and left. The pictures below are from the retreat. On the left is Claire Hinrichs answering questions and on the right are some of the 5th graders and senior Zach Mosier who helped with the day.




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## Courage Retreat, submitted by the 7th Grade Class

The Courage Retreat was founded by Youth Frontiers, a non profit organization based in Minneapolis, Minnesota. The Courage Retreat is a workshop where you learn how to be courageous and learn how to overcome your fears. On August 21st, our 7th grade class traveled to Centennial High School for the Courage Retreat. We did a lot of group work with students from different schools. Students played a lot of games that were related to courage. Some of the things we learned at the Courage Retreat were to stand up for other people and to face our fears. Our class hopes to get better at helping others who are getting bullied, or those who sit alone at lunch. They taught us to have the courage to achieve our self goals, and that you shouldn't be afraid to be yourself. We learned how to make our school a better place by using courage to stop bullying.

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## 9th Grade Goes to Respect Retreat in Milford with Mr. Shipley

Three ninth-graders traveled to Milford with Mr. Shipley along with seniors Kaylee Noel and Alyssa Nolt. These two seniors acted as group leaders throughout the day. The ninth graders learned to respect yourself, others, and to stand up. They did many activities and met a few new kids from other schools. Later in the day they branched off into small groups and discussed how respect should be given. One of their favorite parts of the Respect Retreat was dancing to the Cupid Shuffle and many other songs.

## Back to School Routine by Lisa Cogswell

The lazy days of summer have come and went. Yeah right! I'm sure like most people the summer was just as hectic and busy as the school year. It's just that it's a different kind of busy with a different kind of routine or lack of routine. Now that the school year has begun it's time to get back into a school routine. This new routine might include establishing new morning routines.

The new morning routine might take some practice and patience. If things aren't going so smoothly try a few of these ideas:

- Pick out clothes the night before
- Have backpacks packed and ready to go the night before
- Give them an alarm clock and give them some of the responsibility of getting up - you'll still probably need to "help" them get up
- Create charts to help children establish a routine of what they need to do to get ready each morning
- Younger children would benefit if they are able to use a picture chart.
- Older children would benefit from having a checklist of their morning routine. It would also be a good idea to post these lists around the house, so they are easier to access.
- With a picture list or checklist you might want to put it in a sheet protector and have them check off items as they are completed.

Here are some links to picture charts and checklists:

<https://www.stockpilingmoms.com/free-back-to-school-morning-routine-printable/>

<http://www.theshirleyjourney.com/wp-content/uploads/2016/08/Morning-Routine-Checklist-Printable.pdf>

<https://www.todayparent.com/wp-content/uploads/2016/09/Checklist.pdf>

<https://www.stayathomemum.com.au/wp-content/uploads/2012/08/Morning-Routine-Chart.pdf>

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## Healthy Hooves Report, by Mrs. Zajic

September is "Healthy Sleep" month. Just as exercise and proper nutrition are essential for optimal health, so is getting a good night's sleep. The quality and quantity of sleep directly affects our mental sharpness, productivity, emotional balance, and creativity. Challenge yourself and your children to get the recommended amount of sleep every day!

The National Sleep Foundation suggests the following sleep amounts:

- ~ Newborn babies: 12-18 hours each full day
- ~ Toddlers (under 3): 12-14 hours
- ~ Children between 3-5: 11-13 hours
- ~ Teens: over 9 hours per night to function at an optimal level
- ~ Adults: 7-8 hours a night

Blue Cross Blue Shield of Nebraska has posted a sleep challenge for September. Below are some strategies that may help in getting the most out of your sleep, an activity that has many benefits with little effort.

- ~ For adults get 7-8 hours of sleep each night
- ~ Stick to a sleep schedule
- ~ Pay attention to what you eat and drink
- ~ Create a bedtime routine
- ~ Get comfortable
- ~ Limit daytime naps
- ~ Include physical activity into your daily routines
- ~ Manage stress

For more information or tips to reaching your sleep goals, visit <https://sleepfoundation.org> or [www.BlueHealthAdvantageNE.com](http://www.BlueHealthAdvantageNE.com).

## Pre-School Room 0-18 months, Sue Loseke ELF Infant Teacher

I was anxious to get back to another school year. The children are all back in the swing of things. We have a couple of new faces in our room. It is always a great day when we add more infants to our program. I feel we continue to grow and have developed a great bond with the school and community.

The infant and toddler rooms switched room locations this year. The daycare is now DHHS licensed as well as Rule 11. This gives us more benefits to utilize with our programs. One of the biggest benefits was adding a room for 3-year-olds that are not in preschool all week. Ann Kamler was hired to take care of the children that only go to preschool 2-3 days a week. This playskool program has been a great asset. We can truly be a school from diapers to diplomas. If you have any questions, please call the school and inquire about this new program. The move took a lot of work and cooperation and was accomplished before school started. Please stop by anytime and see the changes.

In the picture below on the left Mr. Sokol is demonstrating the new trikes purchased for the 3-4 year olds to use on the playground. In the picture below on the right Mr. Sokol and Ms. Howe are sharing time with the kids at the new transition table for 12-24 months.

We will be moving three children to the next stage in the toddler in the next 4-5 months. When we do that we will have new infants in our room. The timing has worked out perfectly as we have not had to turn anyone away. I always have a hard time moving the children on, but I also feel a rewarding sense that they are ready for more challenges and successes. I am always here for hugs and smiles.

I strive to always provide "a home away from home" atmosphere. I believe in great communication and an open-door policy. For safety purposes our doors are locked from 8:30-3:30. You are welcome to come to visit anytime, just ring the doorbell or knock on the door. You may get a hold of me anytime either by email: [sloseke@longhornpower.org](mailto:sloseke@longhornpower.org) or my cell phone: 402-759-2622. I look forward to a great year.



## Parent Notification

The Every Student Succeeds Act of 2015 gives parents the right to acquire information about the professional qualifications of their child's classroom teachers. Upon request, Shickley Public School will give parents the following information about their child's classroom teacher:

1. Whether the teacher has met state qualifications and licensing criteria for the grade levels and subject areas in which the teacher provides instruction.
2. Whether the teacher is teaching under an emergency or provisional teaching certificate.
3. The baccalaureate degree major of the teacher. You may also get information about other graduate certification or degrees held by the teacher, and the field of discipline of the certification or degree.

We will also, upon request, tell parents whether their child is being provided services by a paraprofessional and, if so, the qualifications of the paraprofessional. The request for information should be made to an administrator in your child's school building. The information will be provide to you in a timely manner.

Finally, Shickley Public Schools will give timely notice to you if your child has been assigned, or has been taught for four or more consecutive weeks, by a teacher who does not meet the requirements of the Act.

## Second Grade News, by Mrs. Mosier

Ready or not here we come! The second-grade class is back and in full swing! This year we have 9 students in our class. They are Sydney Benson, Seth Eitzmann, Ainsley Ferrell, EmyJay Houck, Willie Mitchell, Emmett Mussman, Nora Noel, Lynzie Schultz, and Alexander Wiseman. They were all very excited to return to school and see their classmates. We enjoyed getting reacquainted by tossing a beach ball and answering questions about ourselves. We also threw kindness confetti at each other when we said kind words. We made a 2nd Grade book and colored a get to know me poster. In reading, our stories are about Friends and Family and a few of the concepts we will be working on are characters/settings, plot, details/main idea, and making and confirming predictions. We will also be practicing short vowels. We have been very busy in math learning our place value numbers and we will be starting our addition facts soon. Writing has us working on our summer vacation pictures and stories. We all had super, fun things that we did. As you can see, second grade is a fun place to be...so feel free to visit us anytime!

## Yellow Mums for Sale

The Shickley Greenhouse will have Dark Yellow Mums for sale starting September 12th. The cost for a mum in a decorative pot will be \$15. A mum in a standard pot will be \$10. Please contact Miss Witte at [kwitte@longhornpower.org](mailto:kwitte@longhornpower.org) to reserve yours now or for more information.



## Shickley - The Ultimate Paradise Homecoming 2019

*Friday, September 13<sup>th</sup>*

*Parade with PepRally to follow (TBA)*

*Homecoming Football Game with crowning to follow (7:00 pm)*

*Saturday, September 14<sup>th</sup>*

*Homecoming Dance 8:30-11:30 pm*



## Principal Notes

At the time I compose this letter, we are 9 days into the school year. Our students and teachers are establishing expectations and creating routines that will carry them throughout the school year. Our football and volleyball teams are about to start their seasons and expectations, as always, are very high. Our band is getting ready to attend the State Fair and students and sponsors are reading through scripts for our One-Act. Students in grades 5, 7, & 9 attended retreats with area schools focusing on Kindness, Courage, and Respect. It may sound like we are a well oiled machine, but trust me, it takes a great deal of teamwork and effort to keep things moving.

In particular, I wanted to share a few highlights from our first day of school and the assembly we attended in Davenport with motivational speaker Demoine Adams. Demoine is a former Nebraska Husker football player and is currently a Program Director with the Teammates Mentoring Program. When he isn't working in his office in Lincoln, you can often find him traveling the state speaking with students. His message was filled with wisdom and encouragement and I hope his words resonate with all of us. As we listened, I took a few notes and would like to share them with you.

- Never let your Excuse be bigger than your Effort
- There is no I in Team but there is an I in win. In order to win, we must each individually make 'smart choices' not 'cool choices' on a daily basis.
- You can't expect something by doing nothing.

Lastly, he shared a few words the Husker football players recite before taking the field for games. To build upon these words we are making a new school and staff t-shirt. The shirt will read: Day by Day, we get better and better. I believe these words ring true for all of us as we seek opportunities to learn, grow, and serve others as we strive to become the best versions of ourselves. I hope we all embrace and chase the opportunities to get better, Day by Day.

Here are a few pictures of all the fun we've already had thanks to our outstanding students and exceptional teachers.

Mr. Sokol









